

# **Peninsula Parish Prayer Book**

**Morning Prayer  
Family Prayer  
Compline**

# MORNING PRAYER

## ENTER GOD'S PRESENCE

*You may wish to light a candle remembering God's presence, the light who shines in the darkness.*

Grace to you and peace from God our Father and the Lord Jesus Christ.

PHILIPPIANS 1:2

*Lent*

If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

I JOHN 1:8-9

*Holy Week*

All we like sheep have gone astray; we have turned every one to his own way; and the LORD has laid on him the iniquity of us all.

ISAIAH 53:6

*Eastertide*

Alleluia! Christ is risen!

**The Lord is risen indeed! Alleluia!**

## CONFESSION

*Let us confess our sins to Almighty God.*

*After a time of silent confession, pray aloud together:*

**Almighty and most merciful Father, we have sinned against you, in thought, word and deed. We have not loved you with all our heart. We have not loved others as our Saviour Christ loves us. We are truly sorry and we humbly repent. In your mercy forgive what we have been, help us to amend what we are, and direct what we shall be; that we may delight in your will and walk in your ways, through Jesus Christ our Saviour. Amen.**

Grant to your faithful people, merciful Lord, pardon and peace; that we may be cleansed from all our sins, and serve you with a quiet mind; through Jesus Christ our Lord. **Amen.**

## INVITATORY

O Lord, open our lips;

**And our mouth shall proclaim your praise.**

O God, make speed to save us;

**O Lord, make haste to help us.**

Glory be to the Father, and to the Son, and to the Holy Spirit;

**As it was in the beginning, is now, and ever shall be, world without end. Amen.**

Praise the Lord.

**The Lord's Name be praised.**

The mercy of the Lord is everlasting:

**O come, let us adore him.**

## VENITE (O Come)

***O come, let us sing unto the LORD;***

***let us heartily rejoice in the strength of our salvation.***

***Let us come before his presence with thanksgiving***

***and show ourselves glad in his with psalms.***

***For the Lord is a great God***

***and a great King above all gods.***

***In his hands are the depths of the earth,***

***and the heights of the hills are his also.***

***The sea is his, for he made it,***

***and his hands prepared the dry land.***

***O come, let us worship and fall down,***

***and kneel before the LORD our Maker.***

***For he is our God,***

***and we are the people of his pasture, and the sheep of his hand.***

*PSALM 95:1-7*

or this

## JUBILATE (*Be Joyful*)

***O be joyful in the LORD, all you lands;  
serve the LORD with gladness, and come before his presence  
with a song.***

***Be assured that the LORD, he is God;  
it is he that has made us, and not we ourselves;  
we are his people, and the sheep of his pasture.***

***O go your way into his gates with thanksgiving, and into his  
courts with praise,***

***be thankful unto him, and speak good of his Name.***

***For the LORD is gracious, his mercy is everlasting,  
and his truth endures from generation to generation.***

*PSALM 100*

## **LISTEN TO GOD**

*Read the selected passages of scripture (from the lectionary, if following). After the reading say:*

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

*Respond to God's word with discussion and reflection. Then continue with a song of praise, either a song of your choosing or the Song of the Church:*

TE DEUM LAUDAMUS  
*We Praise You, O God (Song of the Church)*

***We praise you, O God  
we acclaim you as the Lord.  
All creation worships you,  
the Father everlasting.  
To you all angels, all the powers of heaven  
cherubim and seraphim, sing in endless praise:  
Holy, Holy, Holy, Lord God of power and might  
heaven and earth are full of your glory.  
The glorious company of apostles praise you,  
the noble fellowship of prophets praise you, the white robed  
army of martyrs praise you.  
Throughout the world the holy Church acclaims you:  
Father, of majesty unbounded,  
your true and only Son, worthy of all worship,  
and the Holy Spirit, our advocate and guide.  
You, Christ, are the king of glory,  
the eternal Son of the Father.  
When you became incarnate to set us free  
you humbly accepted the Virgin's womb.  
You overcame the sting of death  
and opened the kingdom of heaven to all believers.  
You are seated at God's right hand in glory,  
we believe that you will come to be our judge.  
Come then, Lord, and help your people,  
bought with the price of your own blood,  
and bring us with your saints  
to glory everlasting.***

The Lord be with you.  
**The Lord bless you.**

## **SPEAK TO GOD**

### THE LORD'S PRAYER

*As our Saviour Christ has taught us, we pray*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

### THANKSGIVING & INTERCESSIONS

*A time of open thanksgiving and intercession, then pray responsively:*

O Lord, show us your mercy;  
**and grant us your salvation.**  
O Lord, save our nations;  
**and guide us in the way of justice and truth.**  
Clothe your ministers with righteousness;  
**and let your people sing with joy**  
O Lord, save your people;  
**and bless your inheritance.**  
Give peace in our time, O Lord;  
**for only in you can we dwell secure.**  
Let not the needy be forgotten;  
**nor the hope of the poor be taken away.**  
Create in us clean hearts, O God;  
**and take not your Holy Spirit from us.**

## COLLECT

Holy and everliving God, by your power we are created and by your love we are redeemed; guide and strengthen us by your Spirit, that we may give ourselves to your service, and live each day in love to one another and to you, through Jesus Christ our Lord. **Amen.**

## THE DISMISSAL

**The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit  
be with us all. Amen.**

# FAMILY PRAYER

## ENTER GOD'S PRESENCE

*You may wish to light a candle remembering God's presence, the light who shines in the darkness.*

This is the day which the Lord has made.

**Let us rejoice and be glad in it.**

PSALM 118:24

## LISTEN TO GOD

Turn for help to the Lord your strength:  
and constantly seek God's presence.

Remember the marvellous things the Most High has done:  
the wonders, and the judgements God has given.

PSALM 105:4-5

*Read the Psalm or Lesson of the day. After the reading say:*

Hear what the Spirit is saying to the Church.

**Thanks be to God.**

*Respond to God's word with discussion and reflection. Then continue with a song of praise of your choosing.*

## PRAYERS

### **MORNING**

Loving God, we thank you for this new day.

Thank you for your love and care for us.

Thank you for making each of us special.

Help us today to be kind to each other. **Amen.**

### **EVENING**

Dear God, thank you for today.

We are sorry if we have been unkind to anyone.

Help us to forgive each other.



Thank you for our family and friends.  
Please be with us tonight. **Amen.**

*As our Saviour Christ has taught us, we pray*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

## THE DISMISSAL

**The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit  
be with us all. Amen.**

# COMPLINE

## ENTER GOD'S PRESENCE

*You may wish to light a candle remembering God's presence, the light who shines in the darkness.*

The angels of God guard us through the night,  
**and quieten the powers of darkness.**

The Spirit of God be our guide  
**to lead us to peace and to glory.**

It is but lost labour that we haste to rise up early,  
and so late take rest, and eat the bread of anxiety.  
For those beloved of God are given gifts even while they sleep.

*Silence.*

E te whanau / My brothers and sisters,  
our help is in the name of the eternal God,  
**who is making the heavens and the earth.**

Dear God, thank you for all that is good,  
for our creation and for our humanity,  
for the stewardship you have given us of this planet earth,  
for the gifts of life and of one another,  
for your love which is unbounded and eternal.

O thou, most holy and beloved,  
my Companion, my Guide upon the way,  
taku whetu marama i te po / my bright evening star.

We repent the wrongs we have done:

*Silence.*

We have wounded your love.  
**O God, heal us.**

We stumble in the darkness.

**Light of the world transfigure us.**

We forget that we are your home.

**Spirit of God, dwell in us.**

Eternal Spirit, living God,  
in whom we live and move and have our being,  
all that we are, have been, and shall be is known to you,  
to the very secret of our hearts and all that rises to trouble us.  
Living flame burn into us,  
cleansing wind, blow through us,  
fountain of water, well up within us,  
that we may love and praise in deed and in truth.

#### INVOCATION

Eternal Spirit, flow through our being and open our lips,  
**that our mouths may proclaim your praise.**

Let us worship the God of love.

**Alleluia, alleluia.**

Psalm 16

O God, I give you thanks for the wisdom of your counsel,  
even at night you have instructed my heart.  
I have set your face always before me,  
you are at my right hand and I shall not fall.  
Therefore my heart is glad and my spirit rejoices,  
my flesh also shall rest secure.  
For you will not give me over to the power of death,  
nor let your faithful one see the Pit.  
In your presence is the fulness of joy,  
and from your right hand flow delights for evermore.

## READING

### SUNDAY

God has not given us a spirit of fear, but of power, and of love, and of a sound mind.

2 Timothy 1:7

### MONDAY

You Lord are in the midst of us, and we are called by your name. Leave us not.

Jeremiah 14:9

### TUESDAY

Love your enemies. Do good to those who hate you. Bless those who curse you. Pray for those who abuse you. Do good and lend, expecting nothing in return; for God is kind to the ungrateful and the selfish. Be merciful as your father is merciful. Judge not and you will not be judged. Condemn not and you will not be condemned. Forgive and you will be forgiven. Give and it will be given to you; for the measure you give will be the measure you receive.

From Luke 6:27-38

### WEDNESDAY

Do not ask anxiously, What are we to eat? What are we to drink? What shall we wear? The whole world runs after such things. Set your heart and mind on God's commonwealth and justice first, and all the rest will come to you as well. So do not be anxious about tomorrow. Today has enough problems of its own; tomorrow can look after itself.

Matthew 6:31-34

### THURSDAY

There is no fear in love, but perfect love cast out fear. For fear has to do with punishment, and those who are afraid are not perfected in love. We love because God first loved us. If anyone says, I love God, and hates his brother or sister, that person is a liar; for those who do not love their brothers and sisters whom they have seen, cannot love God whom they have not seen.

1 John 4:18-20

## FRIDAY

It is the God who said, Let light shine out of darkness, who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ. But we have this treasure in earthen vessels, to show that the transcendent power belongs to God and not to us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our body.

2 Corinthians 4:6-10

## SATURDAY

According to the riches of God's glory, may you be strengthened with might through the Holy Spirit in your inner being, and may Christ dwell in your hearts through faith; that you, being rooted and grounded in love, may have power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ which surpasses knowledge; that you may be filled with the fulness of God.

Ephesians 3:16-19

## PRAYERS

*Allow time for open thanksgiving and intercession before praying responsively:*

Into your hands, O God, I commend my spirit,  
**for you have redeemed me, O God of truth and love.**

Keep me, O God, as the apple of an eye;  
**hide me under the shadow of your wings.**

**Preserve us, O God, while waking,  
and guard us while sleeping,  
that awake we may watch with Christ,  
and asleep may rest in your peace.**

Nunc Dimittis (Song of Simeon)

***Praise be to God, I have lived to see this day.  
God's promise is fulfilled, and my duty done.  
At last you have given me peace,  
For I have seen with my own eyes  
the salvation you have prepared for all nations  
a light to the world in its darkness,  
and the glory of your people Israel.  
Glory be to God, sustaining, redeeming, sanctifying,  
as in the beginning, so now, and for ever. Amen.***

*As our Saviour Christ has taught us, we pray*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.**

I will lie down in peace and take my rest,  
**for it is in God alone that I dwell unafraid.**  
Abide with us, Lord Jesus,  
**for the night is at hand, and the day is now past.**  
As the night watch looks for the morning,  
**so do we look for you, O Christ.**

Lord, it is night. The night is for stillness.  
Let us be still in the presence of God.

It is night after a long day.

What has been done has been done; what has not been done has not been done; let it be.

The night is dark.

Let our fears of the darkness of the world and of our own lives rest in you.

The night is quiet.

Let the quietness of your peace enfold us, all dear to us, and all who have no peace.

The night heralds the dawn.

Let us look expectantly to a new day, new joys, new possibilities.

In your name we pray. **Amen.**